

# Health in your area

## 1 Life Expectancy **Goole & Howdenshire** 2006-2010



Click on the links below for further information...

[Life expectancy figures for wards in the East Riding](#)

## 2 Premature Deaths (under 75 yrs) 2010-2012

Percentage of premature deaths caused by cancer, heart disease or stroke



[Mortality rate figures for the East Riding, Humber, Yorkshire & the Humber, and England](#)

## 3 Smoking Quits

East Riding of Yorkshire



[Find out more about the help available to stop smoking](#)

[Hear from those who quit using the stop smoking service](#)

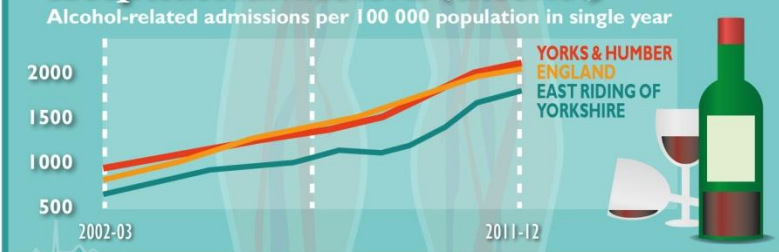
## 4 Take-up of Health Checks



[Find out what a health check involves and how to arrange one](#)

[Further information about health checks on the NHS website](#)

## 5 Hospital Admissions (alcohol)



[Predicted figures for alcohol dependency in the East Riding, Humber and England](#)

[Find out about the help available for those who are dependent on alcohol](#)

## 6 Obesity **Goole & Howdenshire**



[Obesity figures for 4-5 year olds and 10-11 year olds in the East Riding, Humber, Yorkshire & the Humber and England](#)

[NHS advice on food, eating a healthy diet, losing weight and healthy recipes](#)

[Find out about healthy lifestyle programmes available locally](#)

1. Source: [www.localhealth.org.uk](http://www.localhealth.org.uk)  
 2. Source: [www.localhealth.org.uk](http://www.localhealth.org.uk)  
 3. Source: City Health Care Partnership (CHCP)  
 4. Source: East Riding of Yorkshire Council  
 5. Source: [www.lape.org.uk](http://www.lape.org.uk)  
 6. Source: [www.localhealth.org.uk](http://www.localhealth.org.uk)