Tips to ensure that you don't become a victim...

1. Get a decent lock.

Use only SOLD SECURE rated, quality locks, for peace of mind. Consider using two different types, as thieves rarely carry the tools to break two different lock types.

2 Get it property marked and electronically tagged.

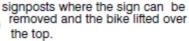
Ask your supplier about electronic tags. The Police can scan cycles to establish who owns them. Keep this cycle ID document in a safe place.

3 Lock your bike every time you leave it

It only takes seconds to steal.

4 Lock it to something solid

Secure it to a solid, unbreakable object - a cycle rack, railing or signpost. Beware of cast iron and plastic drain pipes that can be shattered and





Use extension cables to secure valuable components such as suspension forks wheels and the saddle

5 Lock all of the bike

If you lock it only by the front wheel, that's all you'll find when you return. Make sure you secure the frame and both wheels. Consider using extra extension cables to do this.



6 Quick release- quickly gone

Lock them or change to permanent fixings and carry a few tools when your not racing.

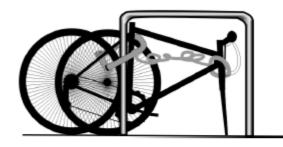
7 Lock it somewhere visible and busy

Busy racks with more people and bikes can mean safety in numbers.

8 Take extra care in urban areas.

Avoid leaving your bike out overnight (even if well secured). As there are many valuable parts which could be gone by morning.

High performance bikes are particularly at risk. This method secures the suspension fork and quick release wheels.



9 Keep your bike indoors

It should be the safest place, but is your shed or garage really secure? Lock your bike to something within, which is immovable. Contact your local Policing team and ask for advice and a leaflet covering shed security.

